

St Martin-by-Looe



News



Winter 2017

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St Martin-by-Looe Parish Council.
Delivered FREE throughout the Parish.

stmartinpc1@btinternet.com

www.stmartinbylooepc.btck.co.uk

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Parish Councillors**

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Advertisements

If you would like to include an advertisement in the next edition of St Martin By Looe News please contact The Clerk, Charles Hyde on 01579 340905 or by email stmartinpc1@btinternet.com. Costs: £20 for a full page, £10 for a ½ page, £5 for 1/3 page. Contract discounts are available.

The magazine is printed quarterly and has a circulation of 300 copies which are delivered throughout the Parish.

Contributions

We always welcome contributions from people living in the Parish. If you would like to air your views on a particular subject or have a photograph or piece of artwork for the front cover please get in touch with The Clerk.

Statutory Disclaimer

All articles and advertisements are published in good faith, St Martin By Looe Parish Council cannot check all details in the articles and any views expressed may not necessarily reflect those of the Parish Council. Neither can we be held responsible for the actions of any advertisers now or in the future.



Parish Council Update



Welcome to the Winter Edition

Nearly 2018 and we survived despite the conspiracy theorists saying the world would end in September, October and November! I hope you had a good year and that you have a great Christmas and a happy and healthy New Year. Inside this edition is tips on how to keep healthy this winter, hall events and reports, a Christmas recipe, and a lovely story of Christmas 1947.

The next edition will be Spring 2018 and will be published in March, please send me anything you would like included by mid February, email: stmartinpc1@btinternet.com.

Planning Applications

Applications were received for: The enlargement of existing dormer windows to both semi detached dwellings, at Tighna-Mara and Inniscara, May Lane, Millendreath.

Erection of new build dwelling on existing caravan with residential permission site at land north east of The Spinney, Millendreath.

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2018 Excursions

- 5th January *Peter Pan, Theatre Royal, Plymouth.*
- 22nd March *Mystery Tour.*
- 10th April *South Devon Railway & Dart Cruise.*
- 18th - 24th April *Scotland & The Isles.*
- 12th & 13th May *Windsor Horse Show & London Experience.*
- 22nd May *Killerton House & Gardens.*
- 19th June *Helford River Cruise.*

Future trips

- Exmouth Sea Cruise
- Dartmoor Zoo
- Widcombe Fair
- Dorset Steam Fair
- Autumn Tour
- Turkey & Tinsel
- Longleat Festival of Light and much more

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Parish Council Update



Donations

The Parish Council agreed a £50 donation to iSight Cornwall, a charity which helps residents cope with eye sight issues.

Draft Precept

The Parish Council precept for 2018/18 was discussed at the November meeting where it was provisionally agreed to set the Precept at £11,452, a decrease of 11%.

Projects agreed for the current year are still being implemented and it is hoped to see the Fingerposts and noticeboard in Holland Road repaired/ replaced shortly.

Proposed Housing Development

The Parish Council have met with The Duchy of Cornwall to discuss the proposed housing scheme at No Man's Land, it's very early days and no details have been discussed, however the Parish Council intend to hold a meeting for residents of the village to see what they would like in the way of amenities included in any scheme. It is hoped to arrange the meeting for the Spring when we have a bit more detail to discuss.



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Parish Council Update



Vehicles overtaking the stopped bus

You may have seen the article and letter in the Cornish Times raising awareness of the dangers of overtaking the stopped Looe bound bus at No Man's Land bus stop. The Parish Council is extremely concerned that there will be a major accident as visibility is very poor on that stretch of road. A meeting has taken place with Cornwall Council Highways and they are looking at ways of making the road safer, however there is little that can be done as it is drivers who are at fault. If you see this happening, take the registration number or better still a photo and pass it to the Parish Clerk.

Parish Council Meetings

You are always welcome to attend the Parish Council meeting in the Memorial Hall, No Man's Land. They usually take place on the first Thursday of each month, but please check our website or the noticeboards. Requests to speak during Public Participation need to be submitted to the Clerk by post, telephone or email at least 48 hours on advance.



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Christmas Cake Pops

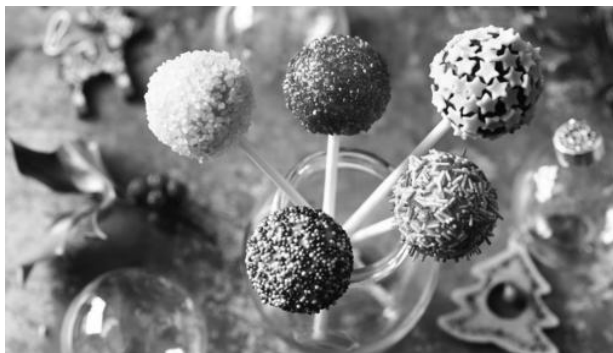
www.bbc.co.uk/recipes



*Christmas cake pops
made easy.*

*An ordinary shop-
bought cake becomes
a magical sugar plum
fairy treat.*

*Equipment and prepara-
tion: for this recipe
you will need 12
round lolly sticks.*



Preparation time: 30min to 1 hour. No cooking required. Serves 12.

Ingredients

400g/14oz Christmas cake
100g/3½oz dark chocolate
100g/3½oz white chocolate
sprinkles, to decorate

Method

1. Break the Christmas cake into pieces then blend in the food processor for a few minutes to turn into crumbs.
2. Divide the mix into 12 and shape into balls. Place in the fridge for a couple of hours to firm up.
3. Melt the chocolates in separate bowls, over pans of simmering water or in a microwave.
4. Make a hole in each ball with a lolly stick, then dip the end of the stick in the melted chocolate and place back in the hole. Repeat with the other sticks and leave to set for about 30 minutes.
5. Re-melt the chocolate if necessary, then, using a teaspoon pour the chocolate over a cake pop, holding it over the bowl. Work quickly to get a smooth finish. Tap the cake pop on the side of the bowl to get rid of the excess chocolate, then stick into a piece of polystyrene or upturned colander while you coat the rest of the pops.
6. Once the chocolate has set slightly, but is still sticky, coat in sprinkles then leave to set completely.

Recipe Tip: Use an upturned colander to keep your cake pops standing up.



Winter Health



Residents offered help to maintain winter wellbeing.

With the nights drawing in and temperatures dropping, residents are being offered help to keep their home warm and well this winter. Cornwall Council and 30 partner organisations launched a winter wellbeing programme on Friday 3rd November. Anyone can call a single phone number and get help and advice on insulation, switching energy tariffs to save money, emergency funds for vulnerable people who can't afford to heat their homes.

Last year the winter wellbeing programme helped over 1,400 homes with advice and support. Sixty-four hospital admissions were avoided and 254 homes were given emergency support to heat their homes.

Dr Caroline Court, Interim Director for Cornwall and Isles of Scilly Public Health said winter wellbeing was a significant problem for many people in Cornwall.

“We have just published our public health annual report which has a strong focus on the connection between homes and people's health.

“Being able to heat a home is not just about keeping warm. Keeping a house warm and dry helps keep away mould which can make illnesses such as asthma worse. Reducing energy costs and debts can help to reduce stress levels and improve mental wellbeing.

“Keeping warm is vital to staying healthy, particularly for those who are more vulnerable to the cold such as the elderly and people with a long-term health condition. For every £1 that we spend with the Winter Wellbeing programme we help to save the NHS £3.15.”

Cllr Sally Hawken, Cabinet member for Wellbeing and Public Health said one of the Council's top priorities was to help prevent illness and deaths from the cold weather.

“The winter wellbeing programme has given help to those who need it for the last six years. From setting your heating temperature correctly through to making sure you are on the right energy tariff to draught proofing your home, there are lots of simple things people can do to stay well and warm.”

Joel Williams Lead member for Children, Council of the Isles of



Winter Health



Scilly added “This excellent Winter Wellbeing Programme will provide real support and help to our Island Community as we approach another winter.

“Staying warm, together with trying to eat well and taking some exercise when we can, helps us all to stay healthy and active for as long as possible.”

The winter wellbeing guides are available in hard copy at GP surgeries, One Stop Shops, libraries, health centres, dentists, food-banks, pharmacies and children’s centres or are available to online at <http://www.cornwall.gov.uk/winterwellbeing>



Getting in touch

General enquiries (and all services)	0300 1234 100
Children, schools and families	0300 1234 101
Libraries	0300 1234 111
Benefits	0300 1234 121
Adult care and support	0300 1234 131
Refuse and recycling	0300 1234 141
Planning	0300 1234 151
Housing	0300 1234 161
Council tax and business rates	0300 1234 171
Registration services	0300 1234 181
Trading standards	0300 1234 191
Environmental management	0300 1234 202
Environmental health & licensing	0300 1234 212
Roads, transport and parking	0300 1234 222



No Man's Land Village Hall



£550.00 was sent to The Children's Hospice S.W. from the proceeds of the running stall and the recent Jumble Sale held in the Hall. There were lots of bargains to be had and also cream teas and a raffle. The committee would like to thank, Tredinnick Farm Shop, Cafe Fleur in Looe, Chris Elford at Bargain Booze, Trisha Todd from Bindown Stores and all the other contributors and helpers that made this event such a success.

There was a Remembrance Service on Sunday 12th November at the Hall with a supper to follow. Wreaths were laid on the memorial in the Hall garden by the Mayor of Looe Armand Toms, the President of the Looe branch of the Royal British Legion Mr. Louis Portman, Mr. Robert Henley representing the St Martin-by-Looe Parish Council and Mrs. Roberta Powley on behalf of the committee at the No Man's Land Village Hall. The collection raised £55.00, all of which was donated to the Looe branch of The Royal British Legion.



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No Man's Land Village Hall



The "not to be missed" Christmas Bingo will be Friday 15th December. This will include meat dinners, a cash flyer, and a raffle. There are some great Christmas prizes. Come along and have some fun, you never

know- you may win something!! All are welcome.

The Committee at the Hall would like to wish you all a very Merry Christmas and a very Happy New Year.



**No Man's Land
Village Hall**

**CHRISTMAS
BINGO**

**Friday 15th
December**

**DOORS OPEN 7PM
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Christmas**



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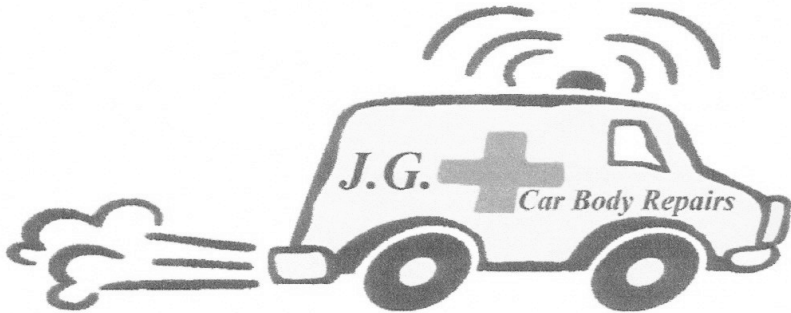
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Winter Draws On



Photo ByWilko Life Team

I think we all will have noticed that the air has a distinct chill about it – most trees have by now dropped their leaves and coats or jumpers are the order of the day, whether in the garden or out walking. One bonus is that the lawn has slowed its growth which means the weekly ritual of mowing could be at an end for the year.

One job we should all take on at this time is to make sure that our garden birds have a food source readily available now that their natural food is harder to find.

This task should not be thought of as a chore or an extra expense as a great deal of pleasure can be had from watching the birds as they feed. Most suitable foods can be readily bought from local outlets – food such as a variety of seeds, peanuts and fat balls. Do be careful if putting out kitchen scraps, definitely no white bread although some other every day foods such as fresh or dried fruit, cake or biscuit crumbs (it is a well known fact that Robins love Christmas cake) could be put out on an above ground feeding station as feeding household scraps on the ground could encourage vermin in to the garden.

Keeping the feeding areas clean is important - if feeding sunflower seeds from a dispenser please buy the sunflower hearts as these do not have the husks that can quickly cover the ground beneath



Winter Draws On



your feeders. Water to drink or bathe in should always be provided as even on the coldest days birds need to drink and keep their plumage in top condition.

Under my feeders at the time of writing are three Pheasants, a Magpie and two

Black Birds, all feeding on the seeds that the smaller birds are dropping while choosing the choicest for themselves. The smaller birds include House Sparrows, Dunnocks, Great Tits, Coal Tits and Chaffinches.

During the last few days high numbers of Long Tail Tits visited – two notable visitors were a Green Woodpecker and a Jay – the Jay came to feed on the last remaining windfall apples.

If you do start feeding your garden visitors please try to do it on a regular basis as some of the smaller varieties come to depend on our help. To all of you who have been feeding your garden birds – I hope you continue to derive pleasure and satisfaction from doing so and for any of you who would like to start I wish you every success. *Wishing you all Seasons Greetings, David Keeble*



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History Snippet - Christmas Past 1947

Seventy years ago Christmas began in autumn, with the making of the cake and puddings. The grocer brought the ingredients with the weekly order and it was all checked and the account settled over a cup of tea. We stirred a wish into the pudding. We had to chop up the great lump of suet supplied by the butcher. It was amazing stuff with papery tissue and clogged up the cheese grater. The pudding went in a basin with a muslin cloth and boiled on a paraffin lamp in the scullery.

The cake was baked in the Triplex grate's little oven.

It was best to wait for a still day as it was easier to regulate the heat. We started making presents and the chosen chicken was isolated for fattening. Nativity Play rehearsals began at school – for the church performance – about which I have no fond memories.

Christmas Eve we hung stockings by the fire – woolly winter socks, hand-knitted in 3-ply on steel needles. We brought in the tree and holly and added tinsel and cotton wool snow. The candles were put in holders which clipped on to the boughs, well away from the presents tucked in by the trunk.

The day dawned. The stockings were full – tangerine in the toe, hair grips, a card game and ribbons. Dinner was prepared, the table laid. I cannot dwell on the meal. The trauma of eating Mrs. Fussy is with me yet.

And you couldn't refuse to eat things back then!

King's speech next. Then presents! I knitted Mother a dishcloth with string. My sister made her a kettle holder out on an old vest. We had Junior bikes (second-hand) which we called Jim and Joe. Grandad sent eiderdowns. Wonderful! Last winter we had sheets of newspaper between the blankets! There was a book and a torch and a jumper. And Aunty Mabel sent chocolate caskets from California.

Mother played the piano. We sang carols (Green Grow the Rushes Oh!) before bedtime.

On Boxing Day we went ferreting and had cold meat and pickles with a jacket potato. In the evening we went to a neighbours party

History Snippet - Christmas Past 1947

and played Hunt the Thimble and Blind Man's Buff. There was junket and jelly and cream and the ashen faggot was burnt in the hearth.

Next day we put the flat iron on the fire, (you spat on it to see if it was hot enough). Then we ironed the wrapping paper ready for next year - and that was Christmas 1947.

No shopping! No alcohol! No telephones! No television or tablet or sweets!!

But we had store-to-door delivery (free!), good insulation under the thatch, a subsistence garden.

Off grid, we had a wood burner to die for and sustainable energy sources – i.e. trees.

Christmas Past had elements of Christmas Yet to Come.



Happy Christmas to you all, Jenny Wallis.

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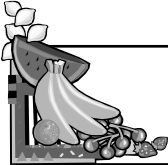
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